

BWCA PACKING LIST

- **Bring** what you don't mind losing or destroying.
- **Don't buy** all new gear. Improvise on the list, or call us to see if we have what you are missing.
- **Think Light.** You carry everything you bring on your back in a **Duluth Pack** that you will share with one other person.
- **Be greasy.** Don't bring soap, perfume, deodorant or shampoo on trail- they will just attract bears and mosquitoes.
- **Layer** your clothes. Layering is the key to controlling body temperature and staying comfortable in all weather conditions and activities.
- **Packing:** On the trip up, bring your clothes and gear in a duffel bag, backpack or some sort of small soft-sided suitcase. At camp, you will transfer your gear into the **Duluth Pack** that you will share with another person. Be sure to mark your belongings with your name. Pack delicate items such as medications or cameras in waterproof containers or zip lock bags.

PACKING LIST

- 2 Face Masks:** One for the first day and one for the last day (masks optional, but encouraged on the bus)
- 2 Pairs of Shoes:** One that will be worn IN THE LAKES and will be wet every day, and one that will be your dry shoes for the evenings. **Shoes must have closed toes and closed heels - no sandals, flip flops or aquasox.** You will be hiking over rough terrain in your wet shoes. Old tennis shoes work great.

YES



NO



- 1 Sleeping Bag**



- Rain Gear:** Waterproof jacket and pants.



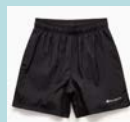
- 5-7 pairs of Socks:** Most of them will become wet. Wool or synthetic socks will keep your feet warmer & drier than cotton.

- Underwear** (Bring as many as you feel comfortable with. At least 3 and no more than 7)

- 2 pair of Pants:** One will get wet and one to stay dry. Nylon or polyester track pants work well because they dry fast, but any long pants will work. Avoid jeans or sweatpants! They are cotton and will get wet, stay wet and make you uncomfortable and cold!



- 1 Pair of Shorts:** Again, nylon/polyester is great



- 2 Short Sleeve Shirts:** One that can get wet and one that stays dry. These can be regular cotton T-shirts or synthetic quick dry shirts if you have them.
- 2 Long Sleeve Shirts:** These are for warmth - a fleece or an old wool sweater is perfect! Cotton hoodies will not keep you warm when they get wet, so we recommend that at least one of your warm shirts is NOT a cotton hoodie. If you are someone who gets cold easily, bring a third long sleeved shirt that can be worn as a layer under other shirts.



- Swimsuit**
- Water Bottle (Non-Disposable)**
- Sun Block / Lip balm – SPF 30+**
- Small Towel**
- Flashlight**
- Toothpaste and Toothbrush**



- Hat with a brim to keep the sun off your face**
- Money:** The evening we come home from camp, we will be stopping for dinner. Project Success recommends about \$15.
- A clean set of clothes** for the ride home that will stay in your duffel bag back at camp during the week. After we clean up at camp on the last day, they will feel and smell so good!

OPTIONAL ITEMS:

- Bug Repellant - Must be 25% DEET OR LESS**
- Bug head net**
- Bug bite relief (such as After Bite or Anti-Itch spray or cream)**
- Sunglasses**
- Gloves**
- Camera (All cameras are at your own risk!)**
- Deck of Cards**
- Journal and pen / book**

Basically, you will need 3 sets of clothes:

- **WET CLOTHES:** One set of clothes you will wear every day during the day and will get wet.
- **DRY CLOTHES:** One set of clothes you will put on every night.
- **CLEAN CLOTHES:** One set of clothes that stays clean back at camp for the ride home.

CALL Project Success at (612) 874-7710 WITH ANY QUESTIONS!!!!