

PACKING

- This packing list is meant to help you decide what to bring and how to pack for your trip.
- You may not use all of the items on this list, but this helps be prepared for a variety of conditions.
- It is best to pack your gear in a small duffel bag or soft sided suitcase; pack lightly.
- Your personal gear will remain in camp on this trip, so you do not need to worry about waterproof bags. A dry bag will be provided to hold the items you wish to bring in the kayak each day.
- To keep your gear organized, consider using plastic zip lock bags, stuff sacks or pillow cases.
- If you need to borrow any of the gear listed, please let your Wilderness Inquiry Trip Director know.
- Don't forget to bring 4 face masks for each day when we travel in the WI Vans!



Rain Gear

Waterproof jacket and pants



1 Pants:

- Quick Dry or Nylon/Polyester Pants
 - ▶ track pants work well because they dry fast



2 Warm Long Sleeve Shirts, 1 heavy & 1 light

- ▶ Fleece or old wool sweater is perfect!



- ▶ **Long Sleeve Shirt:** Lightweight for protection against the elements

****Avoid cotton when possible***

2-3 T-Shirts – Quick Drying Synthetic is best



Base layer – 1 pair of tops and bottoms made of polypropylene or other synthetic. No cotton.



Wetsuit Underlayer – WI will provide you with a wetsuit. Bring a swimsuit or shorts and a t-shirt to wear under the wetsuit. This clothing will get wet. Slim fitting, quick drying nylon, or spandex is best.



Wetsuit Overshorts – 1 pair of shorts, large enough (athletic material) to fit over your wetsuit to prevent abrasion to the wetsuit. These will get wet.



1 Pair of Shorts

- ▶ To wear around camp or on hikes
- ▶ Synthetic/quick dry is best



Underwear & Socks – Enough to keep you happy 😊

2 Pairs of Shoes – Kayak Shoes & Camp Shoes

➤ Kayak Shoes (Wet Shoes)

- ▶ one pair of durable, closed-toed shoes to be worn while kayaking



➤ Camp Shoes

- ▶ one pair of shoes to be used when off the water around camp
- ▶ (Justin please elaborate on the camp shoes)

1 Hat with a brim to
protect from rain/sun
& 1 Stocking cap for
warmth



1 Sleeping Bag

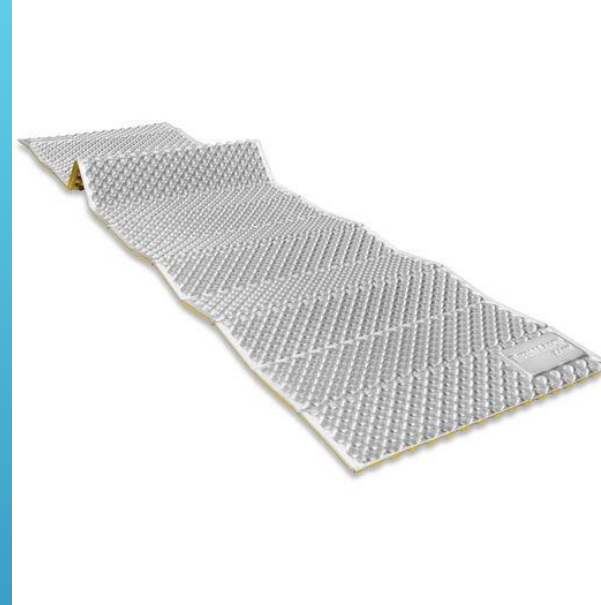
Nylon or polyester with either synthetic material or down stuffing



If you don't have one, just let us know and Wilderness Inquiry can provide one for you!

No cotton sleeping bags





SLEEPING PAD

Ensolite ground pad or Therm-a-Rest inflatable type:

If you don't have one, just let us know and Wilderness Inquiry can provide one for you!

Water Bottle – plastic, metal or canteen



Flashlight or Headlamp

Bring extra Batteries!



Sunglasses

& Sport Strap to hold them on your head!

If you wear prescription glasses, bring a sport strap!





SMALL DAY PACK OR DRY BAG

To hold items you'll want during the day...

Sun Block (SPF 30+ & Lip balm SPF 15+



Insect Repellent (25 % Deet or less – no aerosol cans)

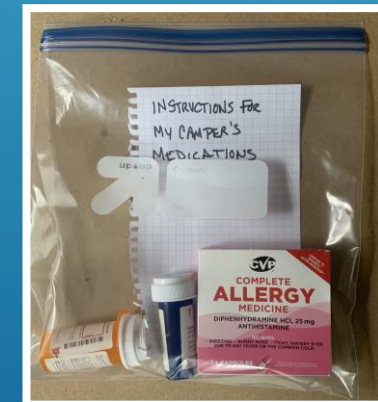


Toiletries: Toothpaste & Toothbrush, soap or any items you need day to day



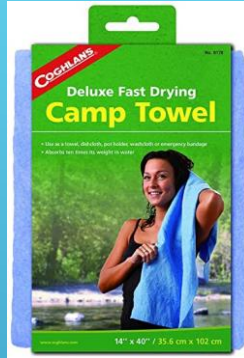
Don't forget your medications!

If losing your meds would cause you great discomfort, consider bringing a second set and giving one to your trip leader as a backup.



OPTIONAL ITEMS:

Small Towel



Bandanas 1-2 used for things like marking your bags, washing up, etc.



Gloves



Journal &/or Book




Camera (Disposable or small digital at your own risk!)



Several Plastic Bags – to organize your gear & ziplocks to keep things dry

OTHER OPTIONAL ITEMS:

- Wetsuit – if you have your own and want to use it
 - Change of Clothes for the ride home (packed separately)
 - Pillow
- 
- A series of white diagonal lines of varying lengths and thicknesses, located in the bottom right corner of the slide.

QUESTIONS?



CONTACT US:

If you have any questions, concerns, or need to borrow any gear, please email Jenny at JennyB@projectsuccess.org or call our Main Line at 612-874-7710.