



Where students connect  
to their purpose

# Beartooth Mountain Adventure

## Backpack, Hike & Explore

July 13-20, 2020

Project Success is partnering with Wilderness Inquiry to offer Roosevelt and Patrick Henry juniors an eight-day backpacking trip through the Beartooth Mountain Range.

**NOTE:** This trip does involve rigorous exercise. Students must be able to hike 3 - 5 miles a day carrying a backpack with camping gear and clothes. We will be sleeping in tents and cooking meals on camp stoves.

**If you have any questions about the trip, please contact Jenny at Project Success at 612-874-1277 or [jennyb@projectsuccess.org](mailto:jennyb@projectsuccess.org).**

### ★ ITINERARY

**Day 1:** We start our journey driving from Minneapolis to the border of North Dakota and Montana and camp there for the evening.

**Day 2:** Complete our drive to the Beartooth Wilderness in southwestern Montana. Camp at Woodbine Campground at the trailhead and prep for setting out on trail in the morning.

**Day 3:** Journey into the Beartooth Mountains. You will pack all your belongings into a backpack that will carry everything you will need. The trails starts with a narrow canyon section near a beautiful river. Take in the mountain peaks around you as you hike to your first campsite for the evening.

**Day 4:** Arise with the sun for a full day of hiking, crossing streams that are great viewing for deer and moose who call this region home.

**Day 5:** Begin your trek back. The trail follows the river past sweeping views of the surrounding mountains and open terrain.

**Day 6:** Continue the trek back to the trailhead taking time to photograph the last moments on trail before beginning our journey back home.

**Day 7:** Begin the drive back home, stopping in a North Dakota campground for the evening.

**Day 8:** Complete the drive to Minneapolis.

### ★ HOW DO I SIGN UP?

Read over all the information in this packet, complete and return all the attached forms **no later than FRIDAY, MAY 1, 2020.** There are *only 10 spots available* and they may be full by the deadline so get your application in ASAP!

### ★ TRIP COST

The trip cost is \$600 per student. **Need-based scholarships are available for \$50 - \$500 of the trip cost.** We ask that if you do have the funds to cover your trip, that you pay the full amount. However, Project Success wants to ensure that we include all students who really want to go, regardless of cost. If you are not able to pay the full \$600, we appreciate the partial contribution you can make toward your trip cost. Your contribution will help us to continue bringing young people to explore the great outdoors each year and to serve an ever-broadening community of students.

### ★ MAIL YOUR COMPLETED FORMS WITH YOUR PAYMENT MADE OUT TO PROJECT SUCCESS TO:

Project Success – Beartooth  
One Groveland Terrace, Suite 300  
Minneapolis, MN 55403

**\*\*DO NOT return your completed forms to your school. Forms and payment must be mailed to or dropped off at the Project Success office.**

## **Trip Meeting & Packing Party:**

There will be a meeting in May for all students who have a confirmed spot on the trip and their parent/guardian(s). At the meeting we will go over important trip details and the packing list.

In addition, there will be a packing party at Wilderness Inquiry the week before the trip. We will meet at their supply warehouse to choose backpacks, tents and any other equipment we will need for our adventure!

A postcard and email will be sent to inform you of the date, time and location of the meeting and packing party.

## **Trip Details**

**On the day of the trip**, students will meet at Wilderness Inquiry (WI) at **7am**. WI is located at 808 14<sup>th</sup> Ave SE, Minneapolis MN, 55414. Wilderness Inquiry staff will provide van transportation to our destination.

The first night, we will set up at a campsite on the border of North Dakota and Montana. The second day we will complete the drive to Woodbine Campground at the trailhead of the Beartooth Mountain Range. Day 3-6 will be backpacking within the park, camping at a new site each night. On day 7, we will head back to Minneapolis, stopping to camp in North Dakota for the evening. On the last day, we will arrive back at Wilderness Inquiry at approximately **7pm**. Students should arrange for transportation home from Wilderness Inquiry that evening.

**During the trip**, Project Success staff will be in the office to answer questions at (612) 874-7710.

## **About Wilderness Inquiry:**

**For 41 years, Wilderness Inquiry** has created inclusive outdoor experiences providing an opportunity for participants to explore the natural world while making outdoor spaces accessible to individuals of all ages, backgrounds, and abilities. Through the medium of outdoor adventure travel, they inspire personal growth, enhanced awareness of the environment and community integration. Their trained and skilled staff will provide support for students so they can learn and practice outdoor skills and social skills needed to have safe, enjoyable outdoor experiences.

## **What are the sleeping accommodations on the trip?**

**Our group will sleep in sleeping bags in tents** throughout the trip. At the packing party, we will be able to choose our tents and our tent-mates. Tents are separated by gender. If you have any questions regarding tent/sleeping arrangements, please call us at (612) 874-1277.

## **What do we bring?**

**There is a list enclosed about what to bring**, and we will talk about this at the meeting in May. Call Project Success with any questions. Wilderness Inquiry and Project Success have extras of many things that you can borrow!

**QUESTIONS? CALL PROJECT SUCCESS AT 612-874-1277.**



# **Beartooth Registration: July 13-20, 2020**

Please print clearly and complete the form below.

Student Name: \_\_\_\_\_

Gender: Tents are assigned by gender. Please specify gender to help us assign sleeping arrangements.

\_\_\_\_\_ Male    \_\_\_\_\_ Female    \_\_\_\_\_ Gender Expansive - Please specify \_\_\_\_\_  
(ex. Non-Binary, Transgender, Agender)

*If you have questions regarding sleeping arrangements, please call Jenny at Project Success at (612) 874-1277.*

School: \_\_\_\_\_ Student ID #: \_\_\_\_\_

Address \_\_\_\_\_ Apt # \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Student Phone: CELL (\_\_\_\_\_) \_\_\_\_\_ HOME (\_\_\_\_\_) \_\_\_\_\_

Student E-MAIL \_\_\_\_\_

Parent/Guardian Name(s): \_\_\_\_\_

P/G #1 Phone: CELL (\_\_\_\_\_) \_\_\_\_\_ HOME (\_\_\_\_\_) \_\_\_\_\_ WORK (\_\_\_\_\_) \_\_\_\_\_

P/G #2 Phone: CELL (\_\_\_\_\_) \_\_\_\_\_ HOME (\_\_\_\_\_) \_\_\_\_\_ WORK (\_\_\_\_\_) \_\_\_\_\_

## **CONFIDENTIAL HEALTH & EMERGENCY INFORMATION – Please answer all questions thoroughly!**

Wilderness Inquiry serves people of all abilities. We ask the following confidential questions to get a better understanding of you. These questions do not reflect what your actual trip activities will be.

Date of Birth \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_      Weight \_\_\_\_\_      Height \_\_\_\_\_

**Please rate the following:**

- I exercise (1 = never; 5 = every day) ..... | 2 3 4 5
- My upper body strength is (1 = poor; 5 = excellent) ..... | 2 3 4 5
- I can independently walk or ambulate 1/2 mile over rough terrain. (1 = unable; 5 = easily) ..... | 2 3 4 5
- I can lift 25 lbs. and carry it 100 yards. (1 = unable; 5 = easily) ..... | 2 3 4 5
- My general physical condition is (1 = poor; 5 = excellent)..... | 2 3 4 5

Do you have any sensory, physical, cognitive or emotional disabilities? \_\_\_No \_\_\_Yes – If yes, list them and state how they affect you. Please be specific.  
\_\_\_\_\_  
\_\_\_\_\_

Are you currently taking prescription medications? \_\_\_No \_\_\_Yes – If yes, please list their names and describe what they are for:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Do you use a wheelchair, crutches, or other assistive devices? \_\_\_No \_\_\_Yes – If yes, please list them: \_\_\_\_\_  
\_\_\_\_\_

**Check any that apply to you and describe below:**

- |   |   |   |   |
|---|---|---|---|
| <input type="checkbox"/> Allergy to bee stings  | <input type="checkbox"/> Diabetes             | <input type="checkbox"/> Ear perforation  | <input type="checkbox"/> Incontinence   |
| <input type="checkbox"/> Allergy to medications | <input type="checkbox"/> Dysreflexia          | <input type="checkbox"/> Food allergies   | <input type="checkbox"/> Mental illness |
| <input type="checkbox"/> Arthritis              | <input type="checkbox"/> Decubitus ulcers     | <input type="checkbox"/> Hepatitis A or B | <input type="checkbox"/> Seizures       |
| <input type="checkbox"/> Asthma                 | <input type="checkbox"/> Dietary restrictions | <input type="checkbox"/> HIV/AIDS         |   |

If you checked any of boxes above, please explain more fully here:

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If there any other physical or emotional health issues that we should know about to best support you on this trip, please explain below:

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**EMERGENCY INFORMATION**

Your health insurance provider \_\_\_\_\_ Policy # \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Relationship \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone: PRIMARY (\_\_\_\_\_) \_\_\_\_\_ SECONDARY (\_\_\_\_\_) \_\_\_\_\_

**OPTIONAL INFORMATION**

We are sometimes asked for the following information about people we serve. Your response will not affect your participation in Wilderness Inquiry programs.

How did you hear about Wilderness Inquiry? \_\_\_\_\_

What is your previous wilderness experience?  Very experienced  Some experience  Beginner

Ethnic Background:  African American  American Indian  Asian American  Caucasian  Hispanic  Multiracial  Other

**RELEASE OF LIABILITY: Please read carefully and sign below if you agree to all of the terms.**

I certify that the above information is true, accurate and complete. I recognize there is a significant element of risk in any adventure activity associated with the outdoors and I voluntarily assume that risk. Knowing the inherent risks and rigors involved, I certify that I am fully capable of participating in the Wilderness Inquiry ("WI") activities and that I wish to do so as a voluntary participant. In consideration of WI providing the Activities, I hereby release any claims for personal injury or property damage against WI (and its agents, employees, directors, officers, and volunteers), arising out of ordinary negligence. I also release such claims arising out of any act by anyone not under control of WI. This release of liability may not apply to any incidents occurring on lands administered by the National Park Service. I give permission to WI to use photographs taken of me for promotional purposes. I have read, understand, and accept the terms and conditions stated herein and acknowledge that this agreement shall be effective and binding upon me during the entire period of participation in Wilderness Inquiry activities. This agreement is governed by the laws of the State of Minnesota without applying its choice of law provisions. If any minor children will be accompanying me, I make the same certification and provide the same release on their behalf. If I am a minor, by signing below my parent or legal guardian makes this certification and provides this release on my behalf.

Student Signature: \_\_\_\_\_ Print Name \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Print Name \_\_\_\_\_ Date: \_\_\_\_\_

**PLEASE SIGN ABOVE.** This form must be signed before participating in any Wilderness Inquiry program.  
**If you are under 18, or if you are considered a vulnerable adult, your legal guardian must sign.**

**Project Success/Minneapolis Public Schools  
WAIVER AND RELEASE OF LIABILITY FOR MINORS**

**Please read, sign and mail to:** Project Success: Beartooth, One Groveland Terrace, Suite 300, Minneapolis, MN 55403

I/We, \_\_\_\_\_ am/are the parent(s) or guardian(s) of \_\_\_\_\_ and:

1. Are familiar with the Project Success Beartooth: Backpack, Hike and Explore Trip, and
2. Agree that I/we will instruct the minor participant prior to participation that he or she should inspect the facilities and equipment to be used, and if the participant believes anything is unsafe, he or she should immediately advise his or her supervisor of such condition(s) and refuse to participate, and
3. Acknowledge and fully understand that each participant will be engaging in activities that involve risk of serious injury, including permanent disability and death, and severe social and economic losses which might result not only from their own actions, inaction, or negligence, but also the actions, inaction, or negligence of others, the rules of play, or the condition of the premises or of any equipment used. Further, that there may be other risks not known to us or not reasonably foreseeable at this time, and
4. In the event of any of the above events occurring, the undersigned assume all the foregoing risks and accept personal responsibility for damages, and
5. Release, waive, discharge and covenant not to sue Project Success, Minneapolis Public Schools, its affiliated clubs, their respective administrators, directors, agents, coaches, and other employees or volunteers of the organization, other participants sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event, all of which are hereinafter referred to as "releases", from any and all liability to each of the undersigned, his or her heirs and next of kin for any and all claims, demands, losses or damages on account of injury, including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the releases or otherwise.

I/WE HAVE READ THE ABOVE WAIVER AND RELEASE, UNDERSTAND THAT WE HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT VOLUNTARILY.

**Signature of Participant:** X \_\_\_\_\_ **Date:** X \_\_\_\_\_

**Printed Name of Participant:** X \_\_\_\_\_ **DOB:** X \_\_\_\_\_

**Signature of Parent or Guardian:** X \_\_\_\_\_ **Relationship:** X \_\_\_\_\_

**Printed Name of Parent or Guardian:** X \_\_\_\_\_

**Address of Participant:** X \_\_\_\_\_ **Apartment #** \_\_\_\_\_

**City:** X \_\_\_\_\_ **State:** X \_\_\_\_\_ **Zip:** X \_\_\_\_\_

**Phone Number(s) of Parent/Guardian:** X \_\_\_\_\_

**VISUAL PHOTOGRAPHIC RELEASE FORM**

I consent for my minor child X \_\_\_\_\_ to have images taken in still  
(Child's Name)

or moving photography or any other medium to be used for promotional materials for Project Success or Wilderness Inquiry publications.

I waive all claims for compensation for such use or for damages.

Such photographs are classified as private under the Minnesota Data Privacy Act and will only be used as specified above or by special request of Project Success.

I also understand that signing this release is purely voluntary and that application for services or my relationship with Project Success will not be affected in any manner whatsoever by virtue of signing or refusing to sign this release.

X \_\_\_\_\_  
(Parent/Guardian Signature)

X \_\_\_\_\_  
(Date)



This packing list is meant to help you decide what to bring and how to pack for your trip. You may not use all of the items on this list but you must be prepared for a wide variety of conditions. Please bring all of the items on the list and any other optional clothing and equipment you choose.

It is best to bring your gear to your meeting place in a small duffel bag or soft sided suitcase. Space is limited so pack lightly. To keep your gear organized, consider using plastic zip lock bags, stuff sacks or pillow cases.

Please note that most gear is available for checkout from Wilderness Inquiry or Project Success.

**Call Project Success at 612-874-1277 at least 2 weeks prior to the trip if you need to borrow any gear.**

### **CLOTHING, OUTERWEAR AND GEAR:**

- Waterproof Jacket & Pants – Must be sturdy to withstand wilderness conditions.
- Pants – 2 pair quick drying nylon or other synthetic is best.
- Insulating Tops – 1 heavy sweater or fleece jacket, 2 lighter top made of fleece or wool.
- Long Sleeve Shirt – Lightweight shirt for protection from bugs and sun.
- T-shirts – 2- 3 Quick drying synthetics best.
- Long Underwear – 1 pair of tops and bottoms made of polypropylene or other synthetic. No cotton.
- Shorts – 1 pair of shorts. At least one pair should be made of quick drying nylon.
- Underwear – Enough underwear to keep you happy.
- Hiking Boots - sturdy boots for hiking on the trail.
- Camp Shoes – One pair of shoes to be used when around camp.
- Socks – 2-3 Pairs of wool or polypropylene are best, cotton will not keep you warm if wet.
- Sun Hat and Warm Hat – One to protect from rain and sun. One warm stocking cap for cool weather.
- Gloves – One pair of lightweight wool or synthetic.
- Sleeping Bag – 3-season synthetic fill sleeping bag with nylon stuff sack. No cotton or flannel bags.
- Ground Pad – Ensolite ground pad or Therm-a-Rest inflatable type.
- Water Bottle – 2 Plastic or metal water bottles or canteens.
- Flashlight or Headlamp – Bring extra batteries. Keep it small and light.
- Sunglasses – A sports strap to hold them on is helpful.
- Toiletries – Toothbrush, toothpaste, soap, etc.
- Sunscreen & Lip balm – Make sure it is at least 15 SPF.
- Medications – If losing your meds would cause you great discomfort, consider bringing a second set and giving one to your trip leader as a backup.
- Insect Repellent – Avoid using aerosol cans.
- Bandanas – 2-3 bandanas used for a variety of things including marking your bags, washing up, etc.

### **OPTIONAL CLOTHING AND EQUIPMENT:**

- Diary/Book
- Camera – Store in padded, waterproof/plastic bag or container.
- Change of Clothes – For the ride home (packed separately and left in the van).
- Several Plastic Bags – They always come in handy, especially to organize your gear.
- Towel – Small and synthetic is best

**CALL Project Success at (612) 874-1277 or (612) 876-3920 WITH ANY QUESTIONS!**