



Boundary Waters Canoe Trip Information Packet Wednesday, June 18 – Tuesday, June 24, 2008

Dear Students and Families,
Project SUCCESS is excited to announce our 2008 summer canoe trip to the Boundary Waters Canoe Area! We have offered this canoe and camping trip for the past nine years with fabulous success and we look forward to another great trip this year. We will be taking 56 students from June 18, 2008 through June 24, 2008.

We will be partnering again this year with an outfitter called Wilderness Inquiry. Their mission is so similar to ours at Project SUCCESS:

Wilderness Inquiry provides outdoor adventure experiences to inspire personal growth, community integration and enhanced awareness of the natural environment. Wilderness Inquiry encourages people to open their minds and hearts to new possibilities by demonstrating that collectively and individually they are capable of doing more than they thought possible.

We believe strongly in this mission and having taken young people to the BWCA for several years, we know that this mission is not only possible, it is what keeps kids wanting to return year after year. Wilderness Inquiry, now in its 26th year, provides professional guides and staff who are committed to safety and who are well trained and experienced.

The way it works:

If you are interested in going, please carefully read over all the information in this packet. You will need to complete and return the following by FRIDAY MAY 23, 2008.

- Registration & Health Form**
- Consent Form**
- Waiver Form**
- Payment and/or Scholarship Form**

Please keep the **Packing List** for your information. There is no reimbursement after the May 23rd deadline. The spots are given in the order that forms are received. We will accept applications until the trip is full & after the deadline on a space available basis. After all spots are filled we will accept applications for a stand-by list. *It is very important that if you decide to cancel your spot, that you tell us so we can let someone from the stand-by list on the trip.* All students who reserve a spot will receive a confirmation call. This is how you will know you definitely have a spot on the trip.

THERE WILL BE AN INFORMATIONAL MEETING AT ANWATIN IN MAY FOR ALL PARENTS, GUARDIANS AND STUDENTS WHO HAVE APPLIED AND HAVE A CONFIRMED SPOT ON THE TRIP. A POSTCARD WILL BE SENT TO YOUR HOUSE TO INFORM YOU OF THE DATE AND TIME.

CONTINUED ON BACK

Cost:

We are asking for \$350 per student as the total cost. **Scholarships are available for part or the entire \$350 fee for those who need it.** In the past few years we have received an increasing number of students who are in need of scholarships. We ask that if you do have the funds to cover your trip, that you pay the full amount. If you are not able to pay the full \$350, we appreciate any contribution you can make toward your trip cost. Your contribution will help us to continue bringing young people to the BWCA each year and to serve an ever-broadening community of students. If you would like to donate a spot for another student, we would greatly appreciate it! Project SUCCESS has always made this trip pay as you can because **we want to make sure the students who really want to participate get a chance to, regardless of cost.**

Groups:

Groups will be chosen by lottery, and we will not be taking any personal requests to be with a friend. Part of the magic of a canoe trip is getting to know people that you may not necessarily know beforehand. After years of experiencing these trips we know how much more successful a trip is when students are not burdened by roles and expectations that friends put on other friends.

Logistics:

We will be using school buses for transportation to and from the BWCA which is about 8 hours north of Minneapolis on the Gunflint Trail out of Grand Marais, MN. **The bus will leave at 7:00 am from Anwatin Middle School.**

When we arrive, we go through some orientations on how to paddle a canoe, how to pack, safety orientation and how to portage. That night we will stay in tents at the Trails End Campground off the Gunflint Trail. The next morning, we will slip into our canoes and paddle away for a week of camping in pristine wilderness. The day we return to Trails End Campground we will clean up our gear and go right home. We should arrive back at Anwatin Middle School at about 9:00pm, and there will be a cell phone on the bus for students to call home with the estimated arrival time. During the BWCA week, Melanie will be in the office (612.874.7710) if you have questions.

Common Questions:**Who is in charge of the trip?**

We will be splitting up into groups of 7 students with one adult supervisor and one guide provided by Wilderness Inquiry. Adult supervisors are staff from Project SUCCESS.

What does "On Trail" mean?

On trail is when you are out in a canoe during the day and sleeping in a tent at night.

What do we bring?

There is a list enclosed about what to bring, and we will talk about this at the meeting in May. Call with any questions. We have extras of everything.

Please mail your completed BWCA forms with your payment made out to Project SUCCESS or your scholarship application to:

Project SUCCESS
BWCA Trip
2124 Dupont Ave South
Minneapolis, MN 55405

If you have any questions, please give us a call at Project SUCCESS at (612) 874-7710.



CONSENT FORM
PROJECT SUCCESS BWCA TRIP
Wednesday, June 18 – Tuesday, June 24, 2008

_____ has our consent to take a trip with Project SUCCESS
(Name of Student)

to the Boundary Waters Canoe Area from Wednesday, June 18 through Tuesday, June 24, 2008. We understand the arrangements, and believe the necessary precautions and plans for the care and supervision of our student during the trip will be taken. Beyond this we will not hold Project SUCCESS, Anwatin Middle School, Wilderness Inquiry, or those supervising the trip responsible.

(Parent or Guardian please **print** name)

(Parent or Guardian please **sign** here)

(Date)

(Phone Number)

**Project SUCCESS/Anwatin Middle School
WAIVER AND RELEASE OF LIABILITY FOR MINORS**

1. Agree that the parent(s) and/or legal guardian(s) will instruct the minor participant that prior to participation, he or she should inspect the facilities and equipment to be used, and if the participant believes anything is unsafe, he or she should immediately advise his or her supervisor of such condition(s) and refuse to participate.
2. Acknowledge and fully understand that each participant will be engaging in activities that involve risk of serious injury, including permanent disability and death, and severe social and economic losses which might result not only from their own actions, inaction, or negligence, but also the actions, inaction, or negligence of others, the rules of play, or the condition of the premises or of any equipment used. Further, that there may be other risks not known to us or not reasonably foreseeable at this time.
3. In the event of any of the above events occurring the undersigned assumes all the foregoing risks and accepts personal responsibility for damages.
4. Release, waive, discharge and covenant not to sue Project SUCCESS, Anwatin Middle School, its affiliated clubs, their respective administrators, directors, agents, coaches, and other employees or volunteers of the organization, other participants sponsoring agencies, sponsors, advertisers, and if applicable, owners and leasers of premises used to conduct the event, all of which are hereinafter referred to as "releases", from any and all liability to each of the undersigned, his or her heirs and next of kin for any and all claims, demands, losses or damages on account of injury, including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the releases or otherwise.

I/WE HAVE READ THE ABOVE WAIVER AND RELEASE, UNDERSTAND THAT WE HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT VOLUNTARILY.

Signature of Participant: _____ Date: _____

Printed Name of Participant: _____ DOB: _____

Signature of Parent or Guardian: _____ Relationship: _____

Address of Participant: _____

City: _____ State: _____ Zip: _____

Phone Number of Participant: _____

Project SUCCESS 2008 BWCA Trip SCHOLARSHIP FORM

1. Please indicate the amount of scholarship money you need (up to \$350). Any contribution you can make toward your trip would be greatly appreciated.

Scholarship amount requested:_____

2. Please write 2 paragraphs on why you want to go on the BWCA trip. (This is to be filled out by the student.)

Send this form back with the rest of your BWCA Trip paperwork to:

**Project SUCCESS 2124 Dupont Avenue South
Minneapolis, MN 55405**

BWCA PACKING LIST

Bring what you don't mind losing or destroying.

Don't buy all new gear. Feel free to improvise on the list, or call us to see if we have what you are missing.

Think Light- everything you bring will be carried on your back in a big Duluth pack which you will share with one other person.

Be greasy- don't bring soap, perfume, deodorant or shampoo on trail- they will just attract bears and mosquitoes.

Layer your clothes. Layering is the key to controlling body temperature and staying comfortable in all weather conditions and activities.

Packing: On the trip up, you should bring your clothes & gear in a duffel bag, back pack or some sort of soft sided suitcase. At the campground, you will transfer your gear into a waterproof bag which you will share with one other person. Be sure to mark your belongings with your name. Delicate items such as medications or cameras should be packed in waterproof containers or zip lock bags.

- 2 Pairs of Shoes:** One that will be worn IN THE LAKES and will be wet every day, and one that will be your dry shoes for the evenings. **Shoes must be closed toed- no Tevas, sandals or aquasox.** Old tennis shoes work great.
- 1 Sleeping Bag**
- Rain Gear:** Waterproof jacket & pants.
- Socks:** About 5 pair, most of them will become wet. Wool or synthetic socks will keep your feet warmer & drier than cotton.
- Underwear:** The fewer the better.
- Long Pants:** Nylon works well because it dries fast, but any long pants will work fine.
- 2 Pair of Shorts:** Bring 2 pairs in case one gets wet. Again, nylon is great.
- 2 Short Sleeve Shirts:** One that can get wet and one that stays dry.
- 2 Long Sleeve Shirts:** These are for warmth, so a fleece, a flannel, or even a wool sweater is perfect.
- Swimsuit**
- Sun Block/Lipbalm – at least SPF 15**
- Bug Repellant**
- Small Towel**
- Flashlight**
- Water Bottle** – plastic bottle or canteen 1 quart size
- Toothpaste and Toothbrush**
- Gloves** – OPTIONAL - Lightweight wool or synthetic gloves if your hands get cold easily
- Hat with a brim to keep the sun off your face**
- Sunglasses**
- Disposable Camera** – OPTIONAL
- Deck of Cards:** not a necessity, but sometimes handy for the bus trip
- Journal and pen:** if you'd like to write down memories of the trip
- Money:** We will stop Tuesday when we come home from camp for dinner. Project SUCCESS recommends about \$20.00.

***VERY IMPORTANT:** The clothes that you wear the day we drive up on the bus are clothes that we will be wearing out on trail. However, you may bring a clean set of clothes for the ride home that will stay in your duffel bag back at camp during the week.

And don't forget about the informational meeting in May! We will notify you with the date & time.

CALL JASON or JENNY B. at (612) 874-7710 WITH ANY QUESTIONS!!!!



Wilderness Inquiry

Registration & Health Form for Project SUCCESS

Wednesday, June 18-Tuesday, June 24, 2008

Please print clearly and complete the form below. Return this form with the rest of your BWCA paperwork to:

Project SUCCESS
BWCA Trip
2124 Dupont Ave South
Minneapolis, MN 55405

Name _____ Grade _____

Address _____

City _____ State _____ Zip _____

Phone: HOME (_____) _____ WORK (_____) _____

CELL (_____) _____ E-MAIL _____

CONFIDENTIAL HEALTH & EMERGENCY INFORMATION – Please answer all questions thoroughly!

Wilderness Inquiry serves people of all abilities. We ask the following confidential questions to get a better understanding of you. These questions do not reflect what your actual trip activities will be.

Date of Birth _____/_____/_____ Male Female Weight _____ Height _____

Please rate the following:

- I exercise (1=never; 5=everyday)..... 1 2 3 4 5
- My upper body strength is (1=poor; 5=excellent)..... 1 2 3 4 5
- I can independently walk or ambulate 1/2 mile over rough terrain. (1 = unable; 5 = easily).....1 2 3 4 5
- I can lift 25lbs. and carry it 100 yards. (1=unable; 5=easily).....1 2 3 4 5
- My general physical condition is(1=poor; 5 =excellent).....1 2 3 4 5

Do you have any sensory, physical, cognitive or emotional disabilities? No Yes - If yes, list them and state how they affect you. Please be specific.

Are you currently taking prescription medications? No Yes – If yes, please list their names and describe what they are for.

Do you use a wheelchair, crutches, or other assistive devices? No Yes – If yes, please list them:

Check any boxes that apply to you and describe below:

<input type="checkbox"/> Allergy to bee stings	<input type="checkbox"/> Dysreflexia	<input type="checkbox"/> Hepatitis A or B
<input type="checkbox"/> Allergy to medications	<input type="checkbox"/> Decubitus ulcers	<input type="checkbox"/> HIV/AIDS
<input type="checkbox"/> Arthritis	<input type="checkbox"/> Dietary restrictions	<input type="checkbox"/> Incontinence
<input type="checkbox"/> Asthma	<input type="checkbox"/> Ear perforation	<input type="checkbox"/> Mental Illness
<input type="checkbox"/> Diabetes	<input type="checkbox"/> Food allergies	<input type="checkbox"/> Seizure

If you checked any of boxes above, please explain more fully here:

Do you have any other health concerns to note?:

EMERGENCY INFORMATION

Your health insurance provider _____ Policy # _____

Emergency Contact _____ Relationship _____

Address _____

City _____ State _____ Zip _____

Phone: PRIMARY (_____) _____ SECONDARY (_____) _____

RELEASE OF LIABILITY: Please read carefully and sign below if you agree to all of the terms.

I certify that the above information is true, accurate and complete. I recognize there is a significant element of risk in any adventure sport and/or activity associated with the outdoors. Knowing the inherent risks, dangers and rigors involved, I certify that I and/or my family (including any minor children and/or legal ward(s)), are fully capable of participating in the activities, and wish to do so as voluntary participants. In consideration of Wilderness Inquiry (hereafter referred to as "WI") providing this adventure sport or outdoor opportunity to me and/or my family and/or my legal ward(s), I hereby waive, release and discharge all actions, claims and demands for personal injury and/or property damage that may hereafter accrue against WI, its employees, agents, sponsors or assigns arising out of ordinary negligence. I further agree that except in the event of WI's gross negligence and willful and wanton misconduct, I shall not bring any claims, demands, legal actions and causes of action against WI, its employees, agents, sponsors or assigns. This agreement shall be governed by and construed in accordance with the laws of the State of Minnesota, exclusive of Minnesota's choice of law provisions. I give permission to WI to check my references and use photographs taken of me on this trip for promotional purposes. I understand that my trip deposit is non-refundable once I am a confirmed participant and agree to the WI cancellation policy as stated in this schedule and on the Wilderness Inquiry website. I have read, understand, and accept the terms and conditions stated herein and acknowledge that this agreement shall be effective and binding upon me during the entire period of participation in Wilderness Inquiry activities.

Parent/Guardian Signature

Print Name

Date

PLEASE SIGN ABOVE. This form must be signed before participating in any Wilderness Inquiry programs. **If you are under 18, or if you are considered a vulnerable adult, your legal guardian must sign.**